Welcome
Welcome to another fantastic week at Runcorn State School. It is pleasing to see so many students receiving awards for demonstrating the “Runcorn Way”. Well done to all our award recipients this week.

Congratulations to Senior J who ran parade this week. They did an outstanding job promoting our You Can Do It messages of Persistence, Organisation, Confidence, Resilience and Getting Along. Their message was very clear. At Runcorn we have high expectations for work and behaviour, we care about each other and we practice trying to do the right thing. Thanks Seniors. This clearly demonstrates the school commitment to providing safe and challenging learning opportunities for students.

Congratulations to the Student Council members who have assisted in organising and promoting, Clean Up Australia Day. This was very successful. It was pleasing to see a lot of the rubbish around our school was on the outside of the fence.

Three Way Reporting
Parents will have received a letter regarding times for 3 Way Reporting interviews. These will occur in week 9 24/3 – 29/3. Can you please fill in your preference times and return it to your child’s teacher as soon as possible.

These interviews are extremely important for both yourself and your child. Parents should make every opportunity to participate in this highly positive process aimed at getting your child to explain the successes they are having in their learnings, their goals and how they are working to improve. If you did not receive this information, please contact the school office.
Harmony Day and National Day Against Bullying
On Thursday, March 20, we will celebrate Harmony Day and the National Day Against Bullying. A number of classroom and school based activities will be occurring to raise awareness of these important events. Students are asked to wear orange on the day to symbolise these events.

Runcorn State School Student Leaders
Last week Mrs Jarvis and 10 student leaders travelled into the city to participate in the Halogen Foundation Leadership Seminar at the Brisbane Convention Centre. Students had the opportunity to meet and listen to inspiring leaders, participate in leadership activities, workshops and displays. High profile speakers including Wes Manion from Australia Zoo shared their success and discussed leadership with students from many schools across South East Queensland.

Runcorn Sport Stars
Congratulations Nakomi Leclercq-Frye and Alex Graham who attended the Met West Disability Swimming Carnival in Ipswich last week. They represented Runcorn with courage and pride and had a fantastic day. They both competed with Nakomi coming 1st in backstroke and 3rd in freestyle. Alex came 1st in freestyle and backstroke. Well done Nakomi and Alex ... and their mothers for driving them to Bundamba for the event.

Congratulations to Denika Weir, Fletcher Day, Jackson Chang, Hugh Weatherall, Brayden Thomson and Zi Thomson who have been selected to participate in the State Swimming Championships. This is an outstanding achievement for the size of our school. Well done everybody.

Congratulations to Aaron Werder who has been selected in the District AFL Team.

Well done everyone for your outstanding efforts and best of luck for future competitions. It is pleasing to see so many students striving to do their absolute best.

Cross Country Carnival
The 2014 Runcorn State school Cross Country Carnival for Years 4-7 will be held on Thursday, April 3rd, 9-11am. This will take place on the school oval and the surrounding streets. All parents are invited to come along and support the students. Students will shortly receive information outlining the course and requesting permission for the event and training. Parents are required to give permission for students to participate in this event.

There will be no swimming lessons from 9-11am but all classes will be on after lunch.

Mrs Wood will run some training sessions on Friday mornings on the oval at 8:15am (except March 21st as it’s Gala Day 1) if students would like to participate.

Student Safety
There are a number of students who are playing down at the bottom of the oval after school. Students are required to be supervised by parents, particularly if waiting for swimming to start. Normal school rules apply regardless of whether parents are supervising or not. Tackling games, climbing trees or the cricket nets and swinging off netball posts is not permitted.

If students are waiting to be picked up, they are to wait at the 2 minute pick up zone where they can be supervised. Parents are not to tell their children to play in the adventure playgrounds while they wait to be picked up. A number of students are being left unsupervised. All children waiting to be picked up from parents after 3.00pm can wait in the 2 minute zone pick up area where they can be supervised.

School P&C
The next P&C Meeting for 2014 will be on Monday, 24th March at 7pm. This will be the Annual General meeting, followed by a General Meeting. All new and existing parents are invited to attend. If you are a new parent or have not supported the school through the P&C we would appreciate your support. Please come along and see how you can support students and the school community.

Regards

Greg Gosling
FROM THE DEPUTY PRINCIPAL

Runcorn Writing Sparks Club
Thirty enthusiastic and committed students from Years 3, 5 and 7 are currently participating in the Runcorn Writing Sparks Club at 8.00am on Thursday mornings. Students are currently looking at the narrative writing genre and utilising the Seven Steps to Writing Success with focus on:

- brainstorming
- planning
- sizzling starts
- tightening tension.

The Runcorn Writing Sparks Club will be made available to another group of students mid-way through Term 2.

Calm Bodies – Calm Minds Yoga
Our first Calm Bodies – Calm Minds Yoga season has concluded. The comments from our Runcorn Yoginis speak for themselves:

Can we keep doing it? Yoga is cool! I don't' want Yoga to stop.
I love Yoga.

Thank you to our wonderful Yoga teacher Lainie Jenkins. Due to strong interest, we will have another Yoga season in Term 2. Namaste

Regards
Roberta Matlock
Acting Deputy Principal

FROM THE GUIDANCE OFFICER

12 ALTERNATIVES to `LOSING IT' with your child

We all know that children, at times, can drive you crazy. Sometimes they may not listen. Sometimes they are messy. Sometimes they don’t think before they act. Sometimes they don’t consider another’s feelings. Unfortunately these factors are a part of growing up, and it takes a loving family to help them learn to be respectful, responsible, tolerant, caring, loving and self-controlled. When everyday problems pile up, our tolerance as parents may not be as strong. Often our ability to control ourselves will be tested. We may be easily angered but the message here is:

DON'T TAKE IT OUT ON YOUR CHILD or CHILDREN or PARTNER, IT'S a matter of mustering your self-control (we all have it). Think of the benefits.

If you show self-control, your child knows what it looks like and can copy it.

Here are some alternatives:

- Stop in your tracks, step back, sit down and talk yourself back to calm
- Take 5 deep slow breaths
- Count to 10, better yet, 20, or say the alphabet out loud or backwards
- Phone a friend, or a relative
- Still mad? Punch a pillow, a punching bag or munch an apple
- Thumb through a magazine, newspaper, photo album, work manual
- Do some sit-ups, kick a ball, jog on the spot
- Pick up a pencil and write down your thoughts/feelings/frustrations
- Take a shower, or better still, a bath
- Lie down on the floor listening to your favourite music
- Talk to your pet – they are good listeners and non-judgemental
- Go to your shed (if you have one) otherwise do that gardening/mowing you need to do.
By now hopefully you are feeling calm. By now the problem may not have seemed like it deserved the blood pressure. It’s now time to deal with the issue in a calm, peaceful, rational way. You can do it! It’s all a matter of choice.

Adapted from: Qld Centre for Prevention of Child Abuse Information Sheet

FROM THE ADMINISTRATION OFFICE

Just a friendly reminder that the voluntary Student Resource Levies are now due. Please collect a copy of this form from the office.

If you wish for your child to attend Religious Instruction sessions, please complete the form and return to the school along with payment. Copies of this form can be obtained from the school office.

Instrumental Levies are also now due. The office is now accepting pre-payments for school camps for your convenience.

Parents are also reminded to complete, sign and return Student Media Consent forms. Copies are available from the office. If you have any further queries, please do not hesitate to contact the office.

TERM DATES FOR 2014 SCHOOL YEAR

<table>
<thead>
<tr>
<th>TERM</th>
<th>START</th>
<th>END</th>
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<tbody>
<tr>
<td>1</td>
<td>28 January 2014</td>
<td>4 April 2014</td>
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<tr>
<td>2</td>
<td>22 April 2014</td>
<td>27 June 2014</td>
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<td>3</td>
<td>14 July 2014</td>
<td>19 September 2014</td>
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<tr>
<td>4</td>
<td>7 October 2014</td>
<td>12 December 2014</td>
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TERM 1 & 2 – DATES OF SIGNIFICANCE

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>EVENT</th>
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<tbody>
<tr>
<td>Friday</td>
<td>14th</td>
<td>Payment Cut-Off Date – Preps – Living Eggs</td>
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<tr>
<td>Friday</td>
<td>17th</td>
<td>Prep Living Eggs Hatching Program commences</td>
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<tr>
<td>Thursday</td>
<td>20th</td>
<td>Harmony Day</td>
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<td>Friday</td>
<td>21st</td>
<td>Sports Gala Day 1</td>
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<tr>
<td>Monday</td>
<td>24th</td>
<td>3 Way Reporting Interviews commence</td>
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<tr>
<td>Monday</td>
<td>24th</td>
<td>P&amp;C Meeting, AGM, 7.00pm (P&amp;C Staffroom)</td>
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<tr>
<td>Friday</td>
<td>28th</td>
<td>3 Way Reporting Interviews finish</td>
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<tr>
<td>Friday</td>
<td>28th</td>
<td>Sports Gala Day Backup</td>
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<tr>
<td>Monday</td>
<td>31st</td>
<td>Prep Living Eggs Hatching Program finishes</td>
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<tr>
<td>Thursday</td>
<td>3rd</td>
<td>Cross Country</td>
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<td>Friday</td>
<td>4th</td>
<td>Last Day of Term 1</td>
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<tr>
<td>Monday</td>
<td>21st</td>
<td>Easter Monday Public Holiday</td>
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<tr>
<td>Tuesday</td>
<td>22nd</td>
<td>First Day of Term 2</td>
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<tr>
<td>Thursday</td>
<td>24th</td>
<td>Anzac Day Parade, 9.30am</td>
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<tr>
<td>Friday</td>
<td>25th</td>
<td>Anzac Day Public Holiday</td>
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<tr>
<td>Friday</td>
<td>23rd</td>
<td>Payment Cut-Off Date – Yr 6/7 Trip to Canberra</td>
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<td>Friday</td>
<td>30th</td>
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<td>Monday</td>
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<td>Friday</td>
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<td>Sports Gala Day 3</td>
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<tr>
<td>Friday</td>
<td>27th</td>
<td>Last Day of Term 2</td>
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INCUSSIONS/EXCURSIONS AND CAMP PAYMENTS

To avoid the disappointment of your child not being able to attend Year level excursions, payments MUST be made by the cut-off date stated in the excursion letter. This is due to the new Education Queensland financing system. Payments can be made by cash/cheque/eftpos or direct deposit into the school’s bank account (BSB 064-162/Account No. 000900035). If you have any concerns or difficulties with these payments, please do not hesitate to contact the front office to discuss payment arrangements in advance of cut-off date. Invoices will no longer be sent home, please regard the excursion letter as your invoice for payment.
Senior Band, Junior and Senior Choir will need their full performance uniform for the ANZAC Ceremony coming up. Please start to arrange these uniforms.

Dear Parents and Caregivers,

Performance Uniform

All students in Junior and Senior Choir, Senior Band, along with String Ensemble, require a Performance Uniform. Our uniform consists of:

- Long black unisex trousers from the uniform shop to keep the styles the same.
- White long sleeved, collared button up shirt available from the uniform shop new or second hand.
- Vest and bow tie - available for hire for $5 from the school.
- Children are to wear black shoes, black socks.
- Girls are to have thin black ribbons for hair which is worn in a half up, half down in a "Pollyanna Style" ponytail.

For Junior and Senior Choir, and Senior Band uniforms will need to be ready for our ANZAC DAY Ceremony.

Keep practising !!!

Rita Mechielsen

LOST PROPERTY

A single gold-hooped earring (sleeper style), pram and green toy have been handed into the office. If they belong to your child, please pick them up from the office as soon as possible. Don't forget to check through the bin throughout the year for any items that your children may have misplaced. This bin is located underneath the teachers' staffroom. Any leftover items will be donated to charity at the end of each term.

P&C NEWS

P&C AGM will be held on Monday evening, 24th March at 7pm. All welcome. There will be executive positions available for election - President, Vice President, Secretary, Treasurer plus other roles. If you would like to join the P&C in one of these roles, please come to the AGM. At our AGM, we will also be discussing the year's events and fundraising opportunities. If you are keen to be part of this process please attend as your input to these decisions are valued.

Sandra Weatherall
P & C President
0413 109 957

Tuckshop

2014 Tuckshop Pricelist

New Tuckshop pricelists have been finalised and were sent home with students last week. If you have not yet received it, please collect a copy from Administration or the Tuckshop.

Prep Tuckshop

Friday tuckshop for Prep students has so far been very successful. Please be reminded that Prep students are not to bring loose change to school, and iceblocks must be purchased through the paper bag/envelope system.

Gluten Free

Fried Rice ($3.00) and Chicken Tender Strips ($1.20) are now available from the tuckshop.

Plastic Spoons and Forks

Please remember to send plastic cutlery in your child’s lunchbox for food items brought from home. A fee of 10c per item will now be charged for plastic cutlery.

Tuckshop Volunteers

Volunteer help is required in the tuckshop each morning from 9.00-11.00am. If you can spare between 1/2 hour and 2 hours any morning, please contact Jodie in the tuckshop.
Is your child having a birthday? Are you having a celebration? Why not order cupcakes direct from our Tuckshop. Cupcakes are available at $1 each. Please contact Miss Jodie to order your cupcakes.

Jodie Newton
Tuckshop Convenor

Uniform Shop

Uniform Shop hours are Monday / Wednesday / Friday
8.30am – 9.00am

Dear Parents,

Hello from the Uniform Shop.

We would like to remind parents to ensure they have a performance of choir uniform purchased prior to April school holidays. Anzac Day Parade will be 24th April, the first week back from holidays.

We have uniforms available to try on for sizing and to purchase.

The colder days are also fast approaching. An order form is available at the office and the uniform shop, to purchase our Micro fibre Jackets or the V – Neck Sweatshirt. Payment in full will be taken.

Orders will be taken up to the 21st of March with delivery expected in the first week of second term. Copies of order forms are available from the office.

With thanks

Cathryn Marshall
Uniform Shop Convenor

School Banking

Our School Banking day is Thursday.

Lisa Weir
Banking Coordinator

COMMUNITY NEWS

PCYC - Vacation Care

Easter Vacation Care Program is out now. Limited places, so get in quick to secure your spot. Games, excursions, discos and so much more....
Please contact Jayde, the Coordinator, on 0423 551 335.

Sunnybank State High School - High School Experience Day - 25th March

Is your child in years 6 or 7? Getting ready for secondary school? For more information, please ring (07) 3323 8111.
Runcorn State High School – Open Day

Come and see excellence in action at

RUNCORN STATE HIGH SCHOOL OPEN DAY

Saturday 24 May, 2014  9am – 12noon

Address: 132 Hill Road Runcorn, 4113  Contact: Karen Aitcheson 3323 1611
Email: enquiries@runcornshs.eq.edu.au

Rhythmic Gymnastics – Stretton State College

STRETTON STATE COLLEGE
Beginning School Term 1
Monday, Wednesday & Friday
4.00pm – 8pm
Saturday 10am – 3pm

Term Fee's, GQ
Registration & PCYC Membership Required.
All ages & levels welcome
1 FREE Trial Class

Payment through Logan City PCYC

Logan City PCYC
Lot 7 Jacaranda Avenue,
Woodridge 4114 Ph: 34421700

We ❤ Our School